

Sample letter 1

Dear [First Name],

[First Name] is growing so quickly at the moment, it is a task to keep up with her clothes! We will have to get her some new school uniform before September as she is going to a new school, she is going there this week for a taster session, and is looking forward to this.

She is still riding and now trots happily on her own, she has lessons every week, and we are looking for another pony for her to ride.

Her other interests are gymnastics and dancing, and she attends classes for both. She will be doing a dancing exam later this month, and has already appeared on stage with the club, where she was very relaxed and enjoyed herself.

The gymnastics club have also moved her up a class.

The swimming is amazing! She can dive in from the poolside, can do the crawl, the breaststroke and butterfly. She is completely at home and confident in the water.

She recently met Mickey Mouse and other Disney characters on a family trip to Florida, we did all the Disney things, including rollercoasters and rides, and she loved the thrill of the rides.

We spent 2 weeks in America, and had a house with a pool, [First Name] was in the water at every opportunity ...especially first thing in the morning, as she is still an early riser.

Her reading is very good, currently her favourite book is the Gruffalo, and she can remember large parts of the text.

We have a new dog, and [First Name] spends a lot of time with her chasing around the garden, they are both as energetic as each other.

We are now looking forward to our summer holidays and will be camping in south west England.

All the best,

[First Names]

Sample letter 2

Dear [First Name],

We hope you are keeping well?

We would like to tell you a little about [First Name(s)] first year with us and how he/she settled in. [First Name(s)] is healthy and happy and is growing up into a lovely little boy/girl. He/she/they really enjoys swimming and going for walks in the countryside. He/she/they has two doggies who he/she/they loves very much, and they love him/her/them, especially at teatime when she throws them bits of food.

[First Name(s)] goes to nursery twice a week and has made lots of friends, he's/she's/they're a popular little boy/girl. [First Name(s)] is very good at singing, dancing, drawing and painting, is able to count to ten in Welsh and English and recognizes all the colours. [First Name(s)] talks a lot now and describes things very well, he/she/they tells us all about his/her/their day and what he's/she's/they've been doing while at nursery.

We went on holiday to the beach in June, which he/she/they loved, especially jumping in the waves and building sandcastles, and of course eating ice creams. Jumping is one of his/her/their favourite things to do, in puddles, on the bed, and he/she/they gets very excited when he/she/they see a bouncy castle.

He/she/they had a birthday party last year with lots of friends and family. All the children put their waterproofs on and went outside to jump in puddles, they all got very muddy but had such fun. For Christmas he/she/they got a toy kitchen with wooden pots and pans and wooden food ingredients. [First Name(s)] really enjoys making everyone special meals, the other day he/she/they made us fish, strawberry and banana stew.

[First Name(s)] is eating well, his/her/their favourite food is carrot, humus, cheese, pasta and tomato. Mind you if he/she/they could he'd/she'd eat nothing but chocolate cake, crisps and ice lollies. [First Name(s)] is a normal height and weight for his/her/their age but we haven't been able to measure him/her/them recently because he/she/they thinks it's funny to run away whenever we get the measuring tape out and by the time we catch him/her/them we're all laughing so much there's no way we'd get a correct measurement.

[First Name(s)] has an excellent sense of humour and is very funny. He/she/they will do things just to make everyone laugh, he/she/they makes up funny songs or

talks in silly voices. [First Name(s)] is very kind with everyone and likes to share, he/she/they will worry if he/she/they see other children cry and will go over to make sure they're ok, so thoughtful!

We are going camping in a tent soon and put it up in the garden to air and to see what [First Name(s)] thought of it. He/she/they really loved it and is very much looking forward to going camping, he/she/they keeps asking when we're going. Hopefully it won't rain or be too cold.

We look forward to receiving your letter and will read it to [First Name(s)] when it arrives. We will write again next [MONTH] to let you know how [First Name(s)] is, he/she/they will have started school by then.

With our best wishes,

[First Name(s)]'s adoptive mum and dad.